

We Need Your Voices!



Are you a parent and caregiver of an adult with intellectual disabilities (also known as mental retardation) who lives at home with you?

Are you aged 50 or above, and your child is 18 years or older?

Then please consider participating in a research study to determine your health and well-being, and to investigate your long-term experiences as a caregiver to a person with special needs.

Participation involves completion of a telephone interview (or a face to face interview wherever possible), with questions regarding your caregiving experiences, as well as questions regarding your daily activities with your son/daughter with intellectual disabilities.

Participation is completely confidential, and our information is used for research purposes only.

Help us to better understand your experiences, so that we can best inform future policy and service planning. This may lead to better designed services to accommodate and support your needs as both you and your son/daughter ages.

If you are interested or would like more information, please contact:

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